

Come Celebrate Mental Health Week

#MYSTORY MAKES ME WHO I AM!

Free Activity Day
@YMCA



MAY 5, 2023

COME FOR ONE OR ALL

10:30AM-12:30PM: BOUNCY CASTLE/FREE PLAY

HEIGHT RESTRICTIONS 34-60"- CAPACITY LIMIT 40

12:30-2:30: FREE SWIM+WATERSLIDES

MAX CAPACITY 140

Stop by the **MHCB** booth for your
Entry Bracelets!

LIMITED SPACES AVAILABLE

18+ MUST PROVIDE GOVERNMENT ISSUED PHOTO ID

140-74 MAURETANIA RD W, LETHBRIDGE, AB

NO MEMBERSHIP REQUIRED TO ATTEND

Free Access sponsored by Mental Health Capacity
Building



Lethbridge
SCHOOL DIVISION

MHCB Wellness Team